

Top Five Ways to Survive Spring Break

Dear Ms. White (Cosmopolitan),

Less than half of adult kidnappings are female but that does not mean the statistic should be ignored. More awareness needs to be raised about the dangers of spring break. Young women need to consider they are targets for being kidnapped as well as other acts of crimes. Here are some pointers to be safe and prepared for dangerous situations.

1. Research the destination well.
2. Keep your cell phone on you at all times and bring multiple chargers.
3. Carry mace with you.
4. Stay with your group of friends.
5. Do not accept drinks from people you do not know.

Natalie Holloway is one example of what not to do in this situation. Even though this happened in Aruba, the incident is relatable to many Americans. If more women follow these pointers, it will decrease their chances of getting kidnapped.

I will contact you this week to discuss your interest in this story. If you have any questions, please contact me at 618-304-0386, or jawade@siue.edu.

Sincerely,

Jazmine Wade

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